

Herb Planting Guide

for the Valley of the Sun

Common Name	Botanic Name	Growth Habit	Sun Exp.	J	F	M	A	M	J	J	A	S	O	N	D
Aloe, Medicinal	<i>Aloe vera</i>	succulent	fs-hs	P	P	P	P	P	P	P	P	P	P	P	P
Angelica	<i>Angelica archangelica</i>	perennial	hs									S	SP	P	
Anise	<i>Pimpinella anisum</i>	annual	fs-hs	P								S	SP	SP	P
Arugula	<i>Eruca vesicaria</i>	annual	fs-hs	SP	P							S	SP	SP	SP
Basil	<i>Ocimum basilicum</i>	annual	fs-hs		S	SP	SP	SP	SP	SP	SP	P	P		
Bay Laurel	<i>Laurus nobilis</i>	shrub	hs-sh	P	P	P	P					P	P	P	P
Borage	<i>Borago officinalis</i>	annual	fs-hs	P								S	SP	P	P
Caper	<i>Capparis spinosa</i>	perennial	fs-hs			P	P				P				
Caraway	<i>Carum carvi</i>	annual	fs-hs	P								S	SP	SP	SP
Catnip	<i>Nepeta cataria</i>	perennial	hs	P	SP	SP	P					P	P	P	P
Chamomile	<i>Matricaria recutita</i>	annual	fs-hs	P								S	SP	SP	P
Chervil	<i>Anthriscus cerefolium</i>	annual	fs-hs	P	P							S	SP	SP	P
Chicory	<i>Chichorium intybus</i>	perennial	hs	P	P							S	SP	SP	P
Chile Pepper	<i>Capsicum species</i>	perennial	hs	S	SP	P	P	P				SP	P	P	
Chives	<i>Allium schoenoprasum</i>	perennial	hs-sh	P	SP	SP	P	P				SP	P	P	P
Chives, Garlic	<i>Allium tuberosum</i>	perennial	hs-sh		SP	SP	SP	P				P	P	P	
Cicely	<i>Myrrhis odorata</i>	annual	fs-hs	P	P							S	SP	P	P
Cilantro	<i>Coriandrum sativum</i>	annual	fs-hs	SP	SP	P	P					S	SP	SP	SP
Coriander	<i>Coriandrum sativum</i>	annual	fs-hs	SP	SP	P	P					S	SP	SP	SP
Cress, Garden	<i>Lepidium sativum</i>	annual	fs-hs	SP	SP	P	P					S	SP	SP	SP
Cress, Water	<i>Nasturtium microphyllum</i>	perennial	hs	P	P	P						P	P	P	P
Cumin	<i>Cuminum cyminum</i>	annual	fs-hs	SP	SP	P						SP	SP	SP	SP
Dill	<i>Anethum graveolens</i>	annual	fs-hs	P	P	P						S	SP	P	P
Epazote	<i>Chenopodium ambrosioides</i>	perennial	hs		P	P	P	P				P	P		
Fennel	<i>Foeniculum vulgare</i>	annual	fs-hs	P	P	P						S	SP	P	P
Feverfew	<i>Chrysanthemum parthenium</i>	perennial	fs-hs	P	SP	SP	P	P				P	P	P	P
Garlic	<i>Allium sativum</i>	perennial	fs-hs									P	P	P	
Ginger	<i>Zingiber officinale</i>	perennial	hs			P	P								
Hops	<i>Humulus lupulus,</i>	perennial	sh		P	P								P	
Horehound	<i>Marrubium vulgare</i>	perennial	fs-hs	P	SP	SP	P					P	P	P	P
Horseradish	<i>Armoracia rusticana</i>	annual	hs											P	P

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Hyssop	<i>Hyssopus officinalis</i>	perennial	hs	P	SP	P	P					SP	SP	SP	P
Lavender	<i>Lavandula</i> species	perennial	hs	P	P								SP	SP	P
Lemon Balm	<i>Melissa officinalis</i>	perennial	hs	P	SP	SP	P					SP	P	P	P
Lemon Verbena	<i>Lippia citriodora</i>	perennial	hs		P	P	P					P	P		
Lemongrass	<i>Cymbopogon citratus</i>	perennial	hs		P	P	P	P				P	P		
Lovage	<i>Levisticum officinale</i>	perennial	hs	P	P							SP	SP	P	P
Marjoram	<i>Origanum majorana</i>	perennial	hs	P	P	P						SP	SP	P	P
Mint	<i>Mentha</i> species	perennial	hs-sh	P	P	SP	P					P	P	P	P
Oregano	<i>Origanum vulgare</i>	perennial	hs-fs	P	SP	SP	P					SP	SP	P	P
Orris Root	<i>Iris florentina</i>	perennial	hs	P	P							P	P	P	P
Parsley	<i>Petroselinum crispum</i>	annual	hs-fs	P	P	P						SP	SP	SP	P
Patchouli	<i>Pogostemon cablin</i>	perennial	hs-sh		P	P	P					P	P	P	
Pennyroyal	<i>Mentha pulegium</i>	perennial	hs-sh	P	P	P						SP	SP	P	P
Rosemary	<i>Rosmarinus officinalis</i>	perennial	hs-fs	P	P	P	P					SP	SP	P	P
Rue	<i>Ruta graveolens</i>	perennial	hs-fs	P	P	SP	SP	P				P	P	P	P
Saffron	<i>Crocus sativus</i>	perennial	hs	P	P	P						P	P	P	P
Sage	<i>Salvia officinalis</i>	perennial	hs	P	P							S	SP	SP	P
Salad Burnet	<i>Sanguisorba minor</i>	perennial	hs-sh	P	P	P						S	SP	P	P
Savory, Summer	<i>Satureja hortensis</i>	annual	hs-fs		S	SP	P	P				P			
Savory, Winter	<i>Satureja montana</i>	perennial	hs	P	P	P						S	SP	P	P
Shiso	<i>Perilla frutescens</i> var. <i>japonica</i>	annual	hs-sh		S	SP	SP	P	P	P	P	P			
Sorrel	<i>Rumex</i> species	perennial	hs	P	SP	SP	P	P				P	P	P	P
Stevia	<i>Stevia rebaudiana</i> <i>bertoni</i>	perennial	hs-sh		P	P	P	P	P	P	P	P			
Sweet woodruff	<i>Galium odoratum</i>	annual	hs	P	P	P						S	SP	P	P
Tansy	<i>Tanacetum vulgare</i>	perennial	hs-fs		P	P	P	P				P	P		
Tarragon	<i>Artemisia dracunculus</i>	perennial	hs	P	P	P						P	P	P	P
Thyme	<i>Thymus officinalis</i>	perennial	hs-fs	P	P	P	P	P	P	P	P	SP	SP	P	P
Yarrow	<i>Achillea millefolium</i>	perennial	hs	P	P	P	P					SP	SP	P	P

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